# TCAC Youth Aikido Seminar



### Schedule

Classes will be 50 minutes in length followed by a 10 minute break. Students may become tired and are allowed to take a break during class. They should be attentive and listen carefully and follow the instruction.

Even if taking a break, students should be attentive and watch quietly.

9:00-9:50 AM — Class 10:00-10:50 AM — Class 11:00-11:50 AM — Class

12:30-3:00 PM — Picnic

Twin Cities Aikido Center will hold a Youth Seminar, Sat, May 6, 2017 with

Jerry DeWees, 3rd Dan, Fukushidoin Sensei Jerry has been practicing Aikido since 1973, and at TCAC since 1992. He brings a wealth of experience about Aikido and its practical applications.

## Participation

A seminar is a special practice, not a lecture. Your child has an opportunity to be taught by one of our most experienced instructors.

The seminar is open to children ages 7-16 who are fit and able to participate in Aikido activities and have written parent permission. Parent waiver required for non-TCAC participants.

Plan to arrive around 8:30 for the whole seminar. If not attending all sessions, arrive 30 minutes before your class.

Spectators and parents are welcome.

#### Picnic

Following the seminar, please bring your child to a picnic, weather permitting, at the Hampden Park across the street from our dojo.

The dojo will provide hamburgers, hot dogs, and drinks. Please bring a dish to share with your fellow students -- salad, dessert, appetizer, side dish? Thanks!

#### Fees

There will be a \$5 participation fee.



Twin Cities Aikido Center 2382 Hampden Ave W, Suite 203, St. Paul, MN 55114 Questions? • e-mail tcaikido@yahoo.com • call (651) 644-3360 • visit www.tcaikido.com



Youth Aikido Seminar May 6, 2017

Twin Cities Aikido Center St. Paul, Minnesota

#### PARTICIPANT REGISTRATION FORM

Participant Name	
Address	 
Phone	 E-mail
Emergency Contact	Phone

#### INFORMED CONSENT AND HOLD HARMLESS/RELEASE AGREEMENT

I understand that participation in Aikido involves a certain degree of risk and can be physically, mentally, and emotionally demanding. I also understand that participation in Aikido is entirely voluntary and requires participants to abide by applicable rules and standards of conduct.

In case of an emergency involving me or my child, I understand that every effort will be made to contact the individual listed as the emergency contact person. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper, emergency medical treatment for me or my child.

I have carefully considered the risk involved and give consent for myself and/or my child to participate in these activities.

I release the Twin Cities Aikido Center, the activity coordinators, and all employees and volunteers, from any and all claims or liability arising out my or my child's participation in the Youth Seminar.

#### MEDIA RELEASE

I hereby assign and grant to the Twin Cities Aikido Center the right and permission to use and publish the photographs/film/videotapes/electronic representations or sound recordings made of me or my child at the Youth Seminar.

I hereby authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage, or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the Twin Cities Aikido Center and I waive any right to any compensation for any of the foregoing.

Participant Signature	 Date
Parent Signature	 Date